

# BELL & BEAR

Welcome to the Bell and Bear

This Historic 400 year old pub dates back to the 16 hundreds, when it was originally a Farmhouse. in the early 18 hundreds it became the well known bell and bear public house.

We hope you enjoy your stay with us.

We have created our menu around our most popular dishes and will continue to evolve all our choices around our customers feedback.

If you would like to book a table in the future please either call 01214063556

or Message us on Facebook

Thank you for visiting us and we hope to see you again very soon

Please leave us a positive review on either Facebook, Google or TripAdvisor

All our best

David, Zoey and the team

All dishes are offered subject to availability. Dish descriptions may not list every ingredient. Whilst we take care to preserve the integrity of our products, we must advise that these products are handled in a multi-product kitchen environment. Meat, poultry and fish dishes may contain bone/ shell. If you suffer from an allergy please make us aware as our dishes may not list every ingredient. All dishes are prepared in a kitchen where products containing nuts, seeds and other allergens are prepared. This means we are not able to fully guarantee that our food will not contain traces of a specific allergen. Upon request our staff will be able to give you further information on specific products and cook methods so that you are able to make an informed decision as to whether a dish is likely to be suitable for you.



BELL & BEAR



Available Monday to Saturday 12:00 till 20:00 only

# STARTERS

Garlic Breaded Mushrooms (V/VE) £ 5.95  
Served with mixed leaf and garlic mayo dip

6 Buffalo Wings with your choice of sauce £ 6.75  
Buffalo, BBQ, Sweet chilli, Piri Piri, Honey Chilli.

6 chicken Tenders in your choice of sauce £ 6.75  
Buffalo, BBQ, Sweet chilli, Piri Piri, Honey Chilli.

BBQ Pork belly bites (GF) £ 7.45  
Sat on a bed of mixed leaf

Breaded Jalapeno bites (V) £ 4.50  
Sat on a bed of mixed leaf

Salt & Pepper Squid £ 7.25  
Served with sweet chilli dip

Prawn cocktail (GF no bread) £ 7.25  
Served with lemon wedge and brown bread

Garlic Ciabatta Bread (V/VE) £ 4.25

Cheesy Garlic Ciabatta (V) £ 4.75



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# mGRILLu

All served with battered onion rings, tomato, mushroom, peas and your choice of Chips, fries or jacket

Shropshire Gammon (GF)	8OZ	£12.75	16OZ	£16.95
Rump steak (GF)	8OZ	£14.95	16OZ	£18.95
Sirloin steak (GF)	8OZ	£16.95	16OZ	£21.95

## Steak Toppers:

Peppercorn Sauce	£2.95	Stilton sauce	£2.95
Surf and Turf		£3.25	

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## Bell and Bear Mixed grill £24.95

4oz rump steak, 4oz pork steak, 4oz gammon steak, 2 lamb chops, 2 sausages, bacon, black pudding, mushroom, tomato, onion rings, beans, egg and chips.

## Chargrilled Tikka Naan Wrap £13.95

Fresh marinated chicken tikka, chargrilled with onion and served upon a large baked naan with mixed leaf, yoghurt and mint dressing and a side of fries

## The Bears Breakfast £11.25

Breakfast any time of the day, two sausages, two bacon, egg, beans, grilled tomatoes, grilled mushrooms, black pudding, hash browns and toast

## Hunters Chicken (GF) £14.25

Done our own way, grilled chicken topped bacon and lashings of BBQ sauce and mounds of cheese grilled to perfection and served with chips and peas

## Peri Peri Chicken breast £14.25

Grilled chicken breast topped with Peri Peri and served with fries, homemade slaw, onion rings and peas

## Philly cheese steak £13.95

Beef Steak sliced and grilled with onions and peppers, mixed in with cheese and served on a ciabatta roll with fries



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# MAINS

- Black Country Faggots £11.95  
Served with chunky Chips, mushy peas and gravy
- Roasted Pork Belly (GF) £14.95  
Served on a bed of creamy mash potatoes, black pudding and peas.
- Homemade Battered Fish (GF option) £13.95  
Served with chunky chips and mushy peas.
- Multigrain Wholetail Scampi £13.75  
Served with chunky chips and peas
- Beef Brisket Tacos. £7.95  
three soft shell tacos, slow cooked Brisket in a honey chilli sauce, topped with red pickled cabbage, coriander and lime wedge.
- Bell and Bear club sandwich £11.95  
Chicken, bacon salad and mayo Served on your choice of white or brown bread, and a side of fries
- Cheese & Mushroom omelette (GF/V) £11.75  
Served with chunky chips and peas
- Beef or Veggie Lasagne £12.95  
Served with chunky chips and salad
- Homemade cottage pie, (Mince or Quorn) £12.75  
Homemade cottage pie smothered with a layer of fluffy mash, topped with cheese and served with chunky chips and peas
- Homemade Chilli (Mince or Quorn) (spicy) (V) £12.95  
Served with rice and garlic ciabatta
- Chicken and ribs combo (GF) £16.95  
half a roasted chicken and half a rack of BBQ ribs served with fries, and homemade coleslaw

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## m P e n S u

Homemade Chicken and mushroom pie £12.95

Our Homemade Pie sat under a fluffy puff pastry lid and served with peas and your choice of either chips or mash

Homemade Steak & Ale Pie £13.95

Our Homemade Pie sat under a fluffy puff pastry lid and served with peas and your choice of either chips or mash

Homemade Broccoli, Spinach and Stilton Pie £12.95

Our Homemade Pie sat under a fluffy puff pastry lid and served with peas and your choice of either chips or mash

## m e R n u

Homemade Chicken Tikka Curry £13.75

Served with rice, naan and poppadom

Homemade three bean Balti (V/VE) £12.95

Served with rice, naan and poppadom

Homemade Butter chicken curry £13.75

Served with rice, naan and poppadom

## P l A e n e u S

The Veggie Platter (V) £16.95

Halloumi fries, garlic breaded mushrooms, jalapeno bites, onion rings, garlic ciabatta, fries and a selection of dips

The Bells Meat Platter £17.95

1/2 a rack of BBQ Ribs, chicken wings, chicken tenders, crispy sheered salt and pepper chicken, onion rings, fries and a selection of dips

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## BURGER

All burger buns are toasted with salad

### Cheese & Bacon Burger £11.95

8oz beef patty, served on a brioche bun with salad, accompanied by a side of fries and onion rings.

### Southern Fried Chicken burger £11.75

Served on a brioche bun with cheese and salad, accompanied by a side of fries and onion rings

### The Spicy Mexican £12.75

8oz beef patty served on a brioche bun with salad, nachos, jalapeños, nacho cheese sauce and salsa, accompanied by a side of spicy fries and homemade slaw

### Spicy Vegan Burger (V/VE) £12.25

Served on a Vegan bun with salad accompanied by a side of fries and onion rings

### Beef Brisket Burger £13.95

Beef brisket slowed cooked in a honey chilli sauce and served on a brioche bun with salad, pickles, nacho cheese and bacon bits, accompanied by a side of fries and onion rings

### Halloumi Burger £11.95

Served on a toasted bun with Portobello mushroom, salad, chilli jam and accompanied with fries and Homemade slaw

### The Big Bear Burger £15.95

6oz Aberdeen angus beef burger, southern fried chicken burger, 2 rashers of smoked bacon, beef brisket topped off with melted cheese and served on a brioche bun with salad and accompanied with a side of fries, onion rings and Homemade slaw

### The Big Bears breakfast burger £15.95

housed in-between two breakfast waffles, 2 sausage patties, bacon, egg and melted cheese. hash browns and beans served on the side to finish off this monster of a meal.

Add an extra beef or chicken patty to any burger for £2.95

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## BAGUETTES

Chicken Tikka Meat	£12.75	Prawns in Marie rose sauce	£11.95
Bacon and Brie	£12.25	Hot Pork and stuffing	£12.75
Ham and Stilton	£12.25	Melted cheese and mushroom (V)	£10.95

Served with salad and Fries or chips

## MJACKET

All served with a side salad and homemade coleslaw.

Chilli or Quorn chilli (V)	£8.95	Prawn in Marie rose	£8.25
Three bean Balti (V)	£7.95	Chicken Tikka meat	£9.25
Tuna Mayo	£7.95	Cheese and Beans (V)	£7.75
Chicken Tikka Curry	£9.25	Butter chicken curry	£9.25

## SOMETHING ON THE SIDE

Halloumi fires and sweet chilli dip	£4.75	Jalapeño bites (V)	£4.50
Loaded Fries (nacho cheese sauce, spring onion & bacon bits.)	£6.75	Buttery Mash potatoes (V)	£3.25
Brisket Fries	£7.25	Onion Rings	£2.75
Loaded Jacket potato (cheese, sour cream, bacon and spring onion)	£6.25	Bread and butter White or Brown	£1.00
Chunky chips or fries (add cheese 50p)	£3.25	Gravy	£1.50
Toasted garlic ciabatta (V) (50p add cheese)	£4.25	Peppercorn sauce	£2.95
		Stilton sauce	£2.95
		Curry sauce	£2.95

House Sauces : 50p each  
Garlic Mayo, Sweet Chilli, Honey Chilli, Piri Piri, BBQ

Available Everyday

# CHILDREN

Mains £6.00

All Mains come with a choice of peas or beans, chips, fries or mash.

Chicken Nuggets

Large Fish Fingers

Cheese Burger

Sausages

Scampi

Kids Mixed Grill £6.95

(3 x nuggets, 1 x sausage, 1 x fish finger)

Kids Mixed Grill Large £7.95

(Cheeseburger, 3 x Nuggets, 1 x sausage)

# DESSERTS

Ice Lolly

£1.95

Ice Cream

£2.50

scoop of ice cream served with chocolate sauce and a wafer



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# SALAD

Greek salad (V/GF) £13.95

Bed of mixed leaf's, tomatoes, cucumber, red onion, kalamato olives, feta cheese and olive oil lemon juice.

Caesar Chicken salad £12.95

Grilled chicken sat on a bed of mixed leaf's, tomatoes, cucumber, red onion, peppers, all mixed in a Caesar sauce and croutons and crispy onions.

Steak salad £14.25

Grilled steak sat on a bed of mixed leaf's, tomatoes, cucumber, red onion and peppers, croutons and crispy onions

Salmon salad £14.95

whole salmon grilled to perfection sat on a bed of mixed leaf's, tomatoes, cucumber, red onion, peppers and croutons

# CRUSET n COB

Cold (choice of salad) Hot £4.75

Ham £2.95  
Cheese £2.95  
Cornbeef £2.95  
Tuna £3.95

Chicken tikka meat  
Beef brisket  
Bacon and Brie  
Pork and Stuffing  
Bacon and egg  
Sausage and egg



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# DESSERTS

Chocolate Fudge Brownie

£ 5.75

Served with Cookies and cream icecream

Sticky Chocolate and orange cake

£ 5.95

Served with double cream

Sticky Toffee pudding (GF)

£ 6.25

Served with custard

Cheese Cake of The Week

£ 5.75

Served with double cream

Amaretto and coffee cake

£ 5.95

Served with double cream

Apple Crumble (V)

£ 6.25

Served with custard

Icecream Sundae (GF/V)

£ 5.95

Served with vanilla ice cream, cookies and cream ice cream, topped with sauce and waffer

Available Sunday 12:00 till 17:00 only

# SUNDAY *me* STARTERS

Garlic Breaded Mushrooms (V/VE) £ 5.95  
Served with mixed leaf and garlic mayo dip

6 Buffalo Wings with your choice of sauce £ 6.75  
Buffalo, BBQ, Sweet chilli, Piri Piri, Honey Chilli.

6 chicken Tenders in your choice of sauce £ 6.75  
Buffalo, BBQ, Sweet chilli, Piri Piri, Honey Chilli.

Breaded Jalapeno bites (V) £ 4.50  
Sat on a bed of mixed leaf

Salt & Pepper Squid £ 7.25  
Served with sweet chilli dip

Prawn cocktail (GF no bread) £ 7.25  
Served with lemon wedge and brown toasted bread

Garlic Ciabatta Bread (V/VE) £ 4.25

Cheesy Garlic Ciabatta (V) £ 4.75



Available Sunday 12:00 till 17:00 only

# SUNDAY MAINS

## Roasted Silverside of Beef

Slow roasted Beef served with seasonal vegetables, crispy roast potatoes, Yorkshire pudding and gravy

£14.25

## Slow Roasted Lamb

Slow roasted Lamb served with seasonal vegetables, crispy roast potatoes, Yorkshire pudding and gravy

£14.75

## Roasted Chicken Leg

Roasted Chicken Leg served with seasonal vegetables, crispy roast potatoes, stuffing and gravy

£14.25

## Trio of Meats

Can't decide why not have all three. Beef, Lamb and Chicken served with seasonal vegetables, crispy roast potatoes, stuffing, Yorkshire pudding and gravy

£21.95

## Beetroot and butternut squash wellington

Wellington served with seasonal vegetables, crispy roast potatoes, Yorkshire pudding and Vegan gravy

£13.95

## 8oz Sirloin Steak

Cooked to your liking and served with chips, peas, onion rings and mushroom. Double up your steak to a 16oz for an extra £5.00

£16.95

£21.95

## Beef or Vegetable Lasagne

Served with chunky chips and salad

£12.50

## Homemade Battered Fish (GF option)

Served with chunky chips and mushy peas.

£13.95

## Multigrain Wholetail Scampi

Served with chunky chips and peas

£13.75

## Cheese & Bacon Burger

8oz beef patty, served on a brioche bun with salad, accompanied by a side of fries, onion rings and salad

£11.95

## Sunday Sides

Cauliflower cheese

£3.95

Yorkshire Puddings

£1.95

Roast Potatoes

£3.75

Halloumi Fries

£4.75

Buttery Mash

£3.25

Chips/fries

£3.25

Pig in Blankets

£3.75

Gravy

£1.50

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